

Date: September 9, 2010

Pasta Salads

Recipe	Serving Size	Weight (g)	Calories	Fat(g)	Sat. Fat(g)	Trans Fat(g)	Cholesterol(mg)	Sodium(mg)	Carbs(g)	Fiber(g)	Sugars(g)	Protein(g)
Aegean Pasta Salad	To-Go-Cup	167	370	14	6	0	30	430	48	3	5	13
Crab & Seashell Pasta	To-Go-Cup	184	360	18	2	0	20	1160	41	2	8	8
Key West Pasta	To-Go-Cup	159	420	16	3	0	45	480	47	4	6	20
Paradise Pasta Salad	To-Go-Cup	136	330	15	3	0	5	660	39	2	5	9
Portofino Pasta Salad	To-Go-Cup	124	330	17	2	0	5	430	34	4	3	9
Primavera Pasta Salad	To-Go-Cup	180	340	14	2.5	0	10	600	45	4	7	10
Tomato Basil Pasta Salad	To-Go-Cup	138	290	13	1.5	0	0	460	37	3	5	7